

# Aim for Change

Reaching out in support of education,  
healthcare and self -sufficiency



**Aim for Change began in September 2003 with the purchase of a single cow for the village of Koko in the district of Luwero, a village north of the city of Kampala Uganda. This work began with just the support**

**of our family but due to the fact that funding was being given directly to the people of Uganda it quickly began to grow. Shortly after the purchase of the first cow came the second cow, then pigs, goats and chicken. Within a few months realisation came that this work which began through a money box in the kitchen of our home needed now to become a registered charity.**

More people were interested due to the fact that all funding received is given directly to where it is needed. Within 6 months we had 3 animal projects and we were asked to help orphan children who have lost either one or both parents to HIV AIDS. Now three and a half years later we support two orphanages paying all costs for the children's education, welfare and health care. Furthermore we have built a home for the care of street children and support is given to the refugee camps by educating children/orphans in boarding school. Education in Uganda is expensive and we are always looking for people to help sponsor the children.

In the brick yards of Pakistan each family, including the very old and very young have to produce 1,000 bricks per day in order for them to cover a generation debt; this is where monies

have been borrowed by people who have no work or assets; for the owners of these yards the people work generation after generation not knowing when their debt is finalized. At the people's request and with the owner's permission we are now employing a teacher for children and adults when work is completed. Animal projects [we now have several chicken projects] are also doing well in two sections of the brick yards, there are many sections each with 20/35 families. In time we will reach all sections.

In Uganda small business are beginning to make a difference to many people, these include: 2 hair salons – popcorn machines – 2 sewing machine projects – shoe shine – taxi bikes - at the orphanages the children are learning local jewellery crafts and these are already being sold. Many hundreds of mosquito nets have been purchased and mostly given to people and children in rural areas. Also purchased has been a great deal of medical equipment which has been given to clinics and hospitals along with medication.

This charity continues as it began, all funding received goes directly to the work supporting children and adults.

**Ruth James  
Founder Aim for Change**

**[www.aimforchange.org.uk](http://www.aimforchange.org.uk)**

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Supported by...



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Item	From Approx. Cost UK£	From Approx. Cost US\$
<b>Uganda</b>		
<b>Animals</b>		
Fully grown Pig	£35	\$70
Cow in calf	£150	\$300
Chicken	£3	\$6
Goats in kid	£40	\$80
<b>Agriculture</b>		
Cultivation of 5 Acres of land	£500	\$1,000
Fresh water borehole	£5,000	\$10,000
<b>Small Business Resources</b>		
Sewing machine	£65	\$130
Knitting machine	£50	\$100
Taxi bicycle	£80	\$160
Popcorn machine	£45	\$90
<b>Other resources</b>		
Bicycle	£65	\$130
Best Mosquito Nets	£15	\$30
<b>Child Sponsorship per year</b>		
Co-Sponsorship	£150	\$300
Individual Sponsorship	£216	\$432
<b>Pakistan</b>		
<b>Housing and Construction</b>		
Bed, Mattress, quilt, Pillow	£28	\$56
Corrugated Iron sheet for roofing per 6 foot sheet	£6	\$12
Piping fresh mountain spring water 1,000 ft incl. taps, cement, sink with 4 public taps, per dwelling	£400	\$800
Tarpaulin and support beams	£50	\$100
Roofing for one brick dwelling	£100	\$200
Piping and low level toilet	£100	\$200
Water borehole	£400	\$800
<b>General Items</b>		
Recycled Hessian shopping bag	£4	\$8
Teddy Bear with T-Shirt	£3	\$6
Notepad and pen	£1.50	\$3
12 Christmas Cards	£4	\$8

